

What's New in Health from U.S. News & World Report "Health Quarterlies"

Every U.S. News Quarterly Health Guide contains News You Can Use™ about important developments in health and medicine that affect your family's well-being and lifestyle.

In the March 16 issue there's more information about family and women's health issues, with useful tips and pointers that can help you build a healthier lifestyle. Every "Health Quarterly" has vital information you're unlikely to find elsewhere.

Children's Asthma Can Be Deadly, Even When It's "Mild."

"I can think of nothing more terrifying than watching your child gasp for air," says Debra Mendelsohn of Claremont, Calif., who has two young children with asthma. The most common chronic disease in children, asthma has increased by 160 percent in kids 4 and younger since 1980 and 75 percent in the general population. The U.S. News Quarterly Health Guide contains detailed advice and information about treatments, asthma drugs, recommended reading, and news about the dangers of missed diagnoses and the perplexing rise in asthma cases.

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Where to Learn More

Web sites: Tips for parents, the latest on
new drugs, clinical trial information
(www.aanma.org).

Reading for Parents:

A Parent's Guide to Asthma,
by Nancy Sander (Plume/Penguin, \$12.95)

Reading for Kids:

How Asthma Makes Me Feel,
edited by Jessica Hoffman Davis.
(Order through Mothers of Asthmatics,
800-878-4403, \$10.00)

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